EMERGENCY GO BAG Checklist

When emergencies happen, it is important to be prepared. Create an EMERGENCY GO Bag to take with you if you suddenly have to leave your home. An EMERGENCY GO bag is a portable kit that includes the items that you need to survive while you are away from your home.

Your EMERGENCY GO BAG should contain the following items:

- Bottled water and food that comes in easy-to-open cans or pop-top containers (at least a one-day supply)
- Prescription medication for a week and paper copies of your prescriptions
- Small first-aid kit (include bandages, hand sanitizer, gloves, ointment, pain reliever [ibuprofen] and ice packs)
- Blanket/throw
- Sturdy shoes/boots
- Warm clothes, rain gear and hats
- Extra pair of glasses and/or hearing aid
- Personal hygiene items (include soap, wipes, toilet paper, feminine hygiene products, toothbrush and toothpaste)
- Items for family members with special needs (children, seniors, people with disabilities) such as canes, walkers, diapers and formula
- Essential items for pet care: water, food, updated medical records (vaccinations such as Rabies), leashes, crates and carriers
- Flashlight
- Battery operated/ manual radio
- Extra batteries (sizes AA, AAA, C, D)
- Pocketknife

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Battery operated/ manual radio
Extra batteries (sizes AA, AAA, C, D)
Pocketknife
- Whistle and pepper spray
- Extra house and car keys
- Paper, pens, and tape for leaving messages
- Family communication plan that includes emergency phone numbers
- Regional road map if you need to travel
- Credit and debit cards
- Small amounts of money – such as coins, one and five dollar bills in case you are not able to use your credit/debit cards
- Copies of important documents such as identification, passports, home and auto insurance information, bank and credit card account numbers: store all these in a waterproof folder/bag
- Recent family photo(s) for identification – including your pets

Although your EMERGENCY GO BAG bag will include a number of items, please make sure your bag is sturdy and easy to carry. Please also consider the following:

- Prepare an EMERGENCY GO BAG for each member of your household
- Store your EMERGENCY GO BAG bags in a place that is easy to get to, such as under a bed, in a closet, next to a door, or in the trunk of your car
- Prepare EMERGENCY GO BAGs for year-round use: spring, summer, fall and winter
- Update your EMERGENCY GO BAG every six months. Replace items that will expire in the upcoming months such as food and medical supplies.

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